



Dear Guest

Thank you for dining with us today. "Eat consciously", is the main focus. We want you to eat a healthy and balanced meal with us. However, you should not go on a diet, because after all you are on holiday and have left the scales safely at home. You are welcome to eat a three-course menu and choose tiramisù. You just have to do this consciously and know that this choice might not be the best one. We have written the balanced, somewhat healthier and more sustainable dishes in the menu in green. Maybe choose one of these dishes "in green" and combine it with another. Then you will *have eaten "consciously". It's that simple!*

Be open to something new, get to know regional products and come with us on an interesting culinary journey.

(unch menn

Galads - Appetizers

Green salad 1a 3a 6a 7a 8a 10a 11a		11.50
Mixed salad with seeds, grains, berries and nuts 1a 3a 6a 7a 8a 10a 11a		13.50
Caesar salad 1a 3a 7a		17
Caesar salad with chicken 1a 3a 7a		22
Caesar salad with tofu escalope		22
Beef tartare 1a 3a 7a	100gr 140gr	29 39

Pasta and Risotto

29 Aubergine ravioli with spring onions, peppers and cherry tomatoes 1a 3b 7a

26 "Riseria Taverne" asparagus risotto with parmesan wafers 7a

Meat – Fish – Vegetarian

Veal paillard with parmesan risotto and seasonal vegetables

Sea bass fillet with saffron sauce and Tropea onions, cardamom rice

4a 7a

Cauliflower marinated with soy sauce and sweet chili, cooked at low temperature *6a*

Cheese and Desserts

All our desserts are homemade

Trio of Ticino cheeses with honey and figs jam 7a	12
Tiramisù 1a 3a 7a	10
Chocolate mousse 1b 3a 7a	10
Panna cotta with wild berries 7a	10
Orange cream with chocolate crumble	10
White chocolate bavarois with raspberries	10
Revisited chocolate and avocado cake	10
1/4 Ananas	10

Affogato al caffè Giolito

7a

Giolito ice cream 120 ml

3a 6a 7a 8a Chocolate - Barista coffee - Fior di latte - Lemon - Hazelnut - Stracciatella Vanilla - Strawberry - Mango - Yoghurt - Wild berries - Caramel

Origin of meat, fish and bread

Sea bass FR - Cold cuts CH/IT - Veal CH - Beef CH - Chicken CH - Tofu CH - Bread CH

The perfect gift for your loved ones: time at Parkhotel Brenscino Brissago Order your GIFT VOUCHER now. Click here!

Prices in CHF - including VAT.



Schweizer Reisekasse (Reka) Genossenschaft

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5.50

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