



## Dear Guest

Thank you for dining with us today. This year we have revised a little our menus for you. **"Eat consciously"**, is the main focus. We want you to eat a healthy and balanced meal with us. However, you should not go on a diet, because after all you are on holiday and have left the scales safely at home.

You are welcome to eat a three-course menu and choose tiramisù. You just have to do this consciously and know that this choice might not be the best one. We have written the balanced, somewhat healthier and more sustainable dishes in the menu in green. Maybe choose one of these dishes "**in green**" and combine it with another. Then you will have eaten "consciously". It's that simple!

*Be open to something new, get to know regional products and come with us on an interesting culinary journey.* 

Vegetarian menn

Galads and Goups

Green salad	11.50
Mixed salad with seeds, grains, berries and nuts	13.50

Gazpacho (cold soup)

Appetizers

Cherry tomatoes with basil and burrata

Low-temperature cooked egg with spinach and parmesan fondue 25

Pasta and Risotto

Ravioli stuffed with ricotta and lemon, confit of cherry tomatoes mint and Taggiasca olives 27

Crepes filled with artichokes, ricotta and tomatoes served on a parmesan sauce

Risotto "Riso Acquerello" with blueberries and taleggio and with Farina Bona crispy wafers

Taglierini with beetroot cream and tofu Bolognese

Main courses

Sautéed tempeh with sesame seeds, seasonal vegetables sweet and sour sauce

All our desserts are homemade

Desserts

Tiramisù	10
Two-coloured Toblerone Mousse	10
Panna cotta with strawberry sauce	10
Coffee cremoso	10
Walnut parfait	10
Revisited chocolate and avocado cake	10

29

29

26

13

21

### Affogato al caffè Giolito

#### Giolito ice cream 120 ml

Chocolate - Barista coffee - Fior di latte - Lemon - Hazelnut - Stracciatella Vanilla - Strawberry - Mango - Wild berries Yoghurt - Caramel

#### Allergies

Dear customer, our staff will be happy to help you choose the best dish related to any specific food allergy or intolerance issue. It will be our pleasure to guide you in choosing the perfect dish.

The perfect gift for your loved ones: time at Parkhotel Brenscino Brissago Order your GIFT VOUCHER now. Click here!

Prices in CHF - including VAT.



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# 9.50

5.50

